Before the Race, check:
- Command Center and Block Sensors are on
- Lane numbers on Block Sensors are correct
- Command Center’s lane setting is correct

On Your Mark
1. **Press** the Start button on the Command Center once to enter Standby phase.
2. **Hear** in the Headset a single beep, indicating Standby phase. This tone is *not* relayed over the athletes’ Loudspeakers. The Official Starter’s microphone and athlete Loudspeakers are now enabled.
3. **Wait** for the Official Starter to bring the athletes to their blocks.

Set…
1. **Wait** for the Official Starter to bring the athletes to the Set position.
2. **Press** the Start button again to enter the Active phase.
3. **Hear** a double-beep in the Headset, indicating a “Set” tone. Again, this tone is not relayed over the athletes’ Loudspeakers. At this point, if the gun is not fired within three (3) seconds, a warning tone (rapid warning beeps) sounds. If the gun is fired after the warning tone, reaction times will be recorded, but no traces will be stored. To avoid this, return the system to the Standby phase by pressing the Start key again.

Gun!
1. **Wait** for the Official Starter to fire the gun. Reaction times are displayed on each Block Sensor’s LCD immediately after a start.

**Note:** As soon you press the Start key again, these times disappear from the LCD’s.

If a false start (as defined by IAAF rules) occurs, you hear three strong tones:

- **Three strong beeps:** False start!
- **Repeated beeps:** A Block Sensor or cable connection failure is indicated. Check that all Block Sensors are correctly configured with the proper lane number, and that all cables are connected.
- **Single warning tone:** The controls on the Block Sensors are locked out to prevent athlete interference. Any attempt to disconnect the Block Sensor is signaled by a warning tone in your headset. To exit this mode, hold down the Delete key and the Off/On key simultaneously for 5 seconds.